



# Good Shepherd of the Hills Episcopal Church

August 1 — 15, 2018

## LAST WEEK FOR SCHOOL SUPPLIES!



During this time of year, there are great bargains on school supplies in all the big box stores and grocery stores. A few dollars can buy an amazing amount of supplies. So let's hit the sales, clip the coupons, and fill the box in the Narthex! The supplies will be collected on August 5, and then delivered to the Food Bank.

## COFFEE HOUR HOSTS NEEDED

Coffee hour can be as simple as coffee cake and coffee, or something more elaborate, according to your preference. What is most important about coffee hour is the time it provides for fellowship, so please consider being a coffee hour host. There is a sign-up sheet on the bulletin board in Maitland Hall.



## SANDWICH MAKING TIME



Please join us this Tuesday, August 14th at 9:30 am in Maitland Hall to make 200 sack lunches for the homeless. You can help by spreading the pb and j, putting the sandwiches in baggies or packing lunch bags...it's easy, fun and rewarding. Any questions, contact Marcia Amrine or Patti Worthington.

THE VOICE

## FOOTHILLS CARING CORP

**Put your Faith in Action!**

**Your talents can be put to good use as a Volunteer for the Foothills Caring Corps.** The summer months are here, where did everyone go??

However the **need** for services is **constant** and ever increasing. By becoming a volunteer with the Foothills Caring Corps, you can make a difference!!

In Carefree, Cave Creek, North Scottsdale, and the North Phoenix area many seniors or adults with a disabling condition are no longer able to drive. You could drive for a scheduled trip to the doctor in your own car. You could volunteer to drive or assist on a van trip to the theater or shopping with a group of fun and lively adults. You could spend a few hours visiting a "Neighbor" in their home. There are many volunteer opportunities. Please join us!

Visit our website for information on volunteering at: [www.foothillscaringcorps.com](http://www.foothillscaringcorps.com). Or call us at 480-488-1105. The next Foothills Caring Corps volunteer orientation is August 9, 2018 at 9AM. We hope to see you there!



## NATIVE AMERICAN MINISTRY RETREAT

Please join with The Episcopal Diocese of Arizona Council of Native American Ministries, The Rev. Canon Debbie Royals and Special Guest and Spiritual Leader, Steve Darden for an opportunity to experience Native American spirituality and continue to engage with Native traditional values and processes. Steve Darden is predominantly Dine (Navajo), Cheyenne and Swedish.

This year's Council for Native American Ministry Annual Retreat will be held at the Franciscan Renewal Center, 5802 E. Lincoln Drive from Friday, August 24, 2018 through Saturday, August 25, 2018. Ministry leaders from congregations with active Native Ministries will be on hand to share their successes and challenges with you.

To register for this event please visit

[http://www.azdiocese.org/digital\\_faith/events/3177868](http://www.azdiocese.org/digital_faith/events/3177868)

## FOOD BANK NEEDS VOLUNTEERS

It has been one short year since we opened the food bank satellite in Black Canyon City and already the need to move into a larger facility is here. The people in Black Canyon City (BCC) are in great need of our services and we are trying to take care of that need. In order to increase our services we need more Volunteers. Below is the list of needs and how many Volunteers we need to make it all happen. Once we have enough Volunteers we will add one more day of service.

The order listed below indicates the most needed positions;

**BCC Operations Coordinator** - A Volunteer that will oversee the operating of the Program.

**Drivers** - More food will be needed in BCC and we are arranging for more stores to pick up from to ensure that BCC has adequate food.

**Warehouse Volunteers** - We have a warehouse now, so now we need volunteers.

**Packers** - 4 people that will pack each 30 day order as needed and make sure that there are adequate giveaways in the bins.

**Greeter** - 1 person per shift to greet the clients as they arrive.

**Team Lead** - 1 person per shift that will interview Clients that are there for "30" day food.

**Exit Person** - 1 person that will weigh the giveaway food a Client takes

The hours we will be open in BCC to serve the Client will be -

Tuesday - 9 a.m. to 3 p.m. - 2 3 hour shifts

Wednesday - 1 p.m. to 7 p.m. - 2 3 hour shifts

Thursday - 9 a.m. to 3 p.m.- 2 3 hour shifts

The days for Warehouse staff will be -

Monday thru Thursday - 8 a.m. to 1 p.m. - staggered 3 hour shifts. 8 a.m. to 11 a.m. and 10 a.m. to 1 p.m.

**THE ONLY EMAIL TO REACH PAM IS [foothillsfoodbank@gmail.com](mailto:foothillsfoodbank@gmail.com).**





## Keep doing the things you love.

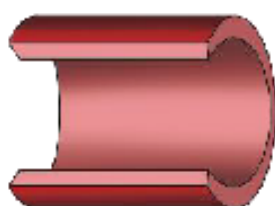
### Catch health problems before they go too far.

Life Line Screening, recognized with an A+ rating by the Better Business Bureau, offers a 5-test package to thoroughly check you for risk of stroke, cardiovascular disease and other chronic conditions. The combination of these tests helps detect problems—before you have symptoms and while you and your doctor can still take action...so you can keep doing the things you love.

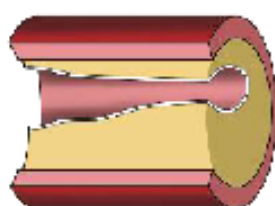


Register now to check the health of your arteries

### Plaque buildup in the arteries can lead to heart disease, aneurysm or stroke.



A normal artery allows blood to flow through easily.



Plaque buildup in the arteries reduces your blood flow and can be dangerous if left untreated.

### 5 Important Screenings for Only \$149 a Savings of \$181!

- Carotid Artery Screening (Plaque)
- Heart Rhythm Screening (Atrial Fibrillation)
- Abdominal Aortic Aneurysm Screening
- Peripheral Arterial Disease Screening
- Osteoporosis Risk Assessment

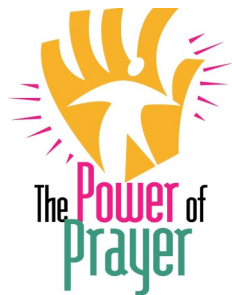
Join the **8 million people** who have been screened. We are coming to your neighborhood.

**WHERE:** Good Shepherd of the Hills Episcopal Church  
**Call:** 888-653-6434 or Email: ([Darryl.asberry@llsa.com](mailto:Darryl.asberry@llsa.com))  
**WHEN:** 8/10/2018

Please call toll-free **888-653-6434** to register for your screening and to receive a \$10 discount or visit [www.LifeLineScreening.com/community-partners](http://www.LifeLineScreening.com/community-partners)

Screening results are provided to you in 21 days. We direct all participants with abnormal results to take the report to their physician. Carotid Artery and PAD screenings help identify the presence of Atherosclerosis, and if found, can be an early warning for higher risks of stroke and coronary artery disease. Such early warning information can help you and your doctor take important steps to reduce your risk for more serious health issues. If necessary, steps may include lifestyle and diet, medical therapies, and even more thorough follow-up testing and evaluation of your heart function. Appropriate modification of risk factors (including high blood pressure, smoking, heart disease, diabetes and poor diet) is also necessary for cardiovascular disease prevention. Our screenings cannot detect all forms of stroke risk or cardiovascular disease. All tests are for screening purposes only. You should consult with your personal physician regarding your screening results. Insurance Note: Life Line Screening does not participate in the Medicare program and the cost of our screening services is not covered or reimbursable by Medicare. Life Line Screening does not file insurance claims nor provide referrals to any physician's group or hospital. Screenings in California are provided by Life Line Mobile Screening, a physician owned practice. Screenings in Kansas are performed by Life Line Screening of America, Ltd. on behalf of Life Line Screening Physicians, P.A. Screenings in New Hampshire, New Jersey and New York are performed by Life Line Medical Screening, LLC (Dr. Andrew Mangano, 70 Niagara Street, Buffalo NY, 14202). Life Line Screening does not engage in the practice of medicine in those states. This information is not intended to induce referrals by Life Line Screening to Life Line Medical Screening, LLC for any professional medical service. Texas residents: Physician authorization is required. A Life Line Screening affiliated physician will provide authorization for you if you qualify. Cancellation Policy: A full refund is issued if you call to cancel at least 2 days prior to your appointment. If less than 2 days' notice is given, we will issue a Gift Card for the full amount to be used by you, or anyone you choose, to purchase future screening services.

## PRAYER CORNER



### You Are Asked To Pray For the Following People

Mariah Myers, Paddi Mozilo,  
Aaron Gibbons, Ed Garitee, Mark Spray,  
Michael Thoms, Elizabeth Boyd,  
Judy Bruce, Robert Parker.

#### *PRAYER FOR THOSE IN THE ARMED FORCES OF OUR COUNTRY*

Almighty God, we commend to your gracious care and keeping all the men and women of our armed forces at home and abroad. Defend them day by day with your heavenly grace; strengthen them in their trials and temptations; give them courage to face the perils which beset them; and grant them a sense of your abiding presence wherever they may be; through Jesus Christ our Lord.  
*Amen.*

**Do you have an over 70 ½ IRA required minimum distribution every year? If you give some of it to GSOTH directly (up to \$100,000 annually) it does not increase your adjusted gross income for tax purposes, and is never taxed to you!**

## *Important Dates*

### EVERY SUNDAY

8:00 am Holy Eucharist Rite 1  
10:00 am Holy Eucharist Rite 11  
10:00 am Children's Program  
10:00 am Youth Program

### EVERY SUNDAY/WEDNESDAY

Sunday—9:00 am Choir  
Wednesday—6:30 pm Choir  
(Except in the summer)

### Saturday, August 4

9:00 am Centering Prayer

### Tuesday, August 7

9:00 am Centering Prayer

### Wednesday, August 8

OFFICE CLOSED

### Tuesday, August 14

9:30 am Sandwich Making

### Month of August

Gold Mine Closed

**GOOD SHEPHERD OF  
THE HILLS EPISCOPAL  
CHURCH**

6502 East Cave Creek Rd.  
P.O. Box 110  
Cave Creek 85327

**Office**  
Phone: 480-488-3283

**Fax:**  
480-488-5065

**Email:**  
goodshepherdaz@msn.com

**Office Hours**  
Tuesday-Friday  
9:00 am to 4:00 pm

**Gold Mine Thrift Store**  
480-488-3721  
**Store Hours**  
Wednesday-Saturday  
9:00 am to 3:00 pm

**We are on the web!**

**[www.goodshepherdaz.org](http://www.goodshepherdaz.org)**

**The Rev. John Christopher**  
**Sabbatical Priest**  
**Cell: 602-757.9282**

**Email: [mystic1prophet@gmail.com](mailto:mystic1prophet@gmail.com)**

**The Reverend Nordon Winger, Rector**  
**The Reverend Glenn Jenks, Priest Assoc.**  
**Eunkyung Suh-Lee, Director of Music**  
**Ashley Phillips, Director of Children's Ministry**  
**Jarrood Phillips, Director of Youth Ministry**  
**Caroline Nagle, Parish Administrator**  
**Lena McCoy, Gold Mine Manager**

**Good Shepherd of the Hills 2018 Vestry Members**

**Senior Warden**  
**Donna Anastasi**

**Junior Warden**  
**Rob Madden**

**Treasurer**  
**Dave Vaselaar**

**Vestry Clerk**  
**Karen Sorrick**

**Bobby J. Bush, Jr.**  
**Phil Dibble**

**William Paynter**  
**Margaret Powell**

**Andrea Thute**  
**Margaret Walker**

**Andrew Wilson**

***Our Mission***

*Good Shepherd of Hills brings the love and light of Christ Jesus to our neighbors in the Foothills Community, so that they may know Him and be brought into the fellowship of His Church.*

All articles or notices for *The Voice* must be emailed to [goodshepherdaz@msn.com](mailto:goodshepherdaz@msn.com) before 4:00pm on Tuesday, August 14th. Thank You!